

Damers First school - Balls/Team Games progression of knowledge					
	Foundation	Year 1	Year 2	Year 3	Year 4
	Invasion games (kicking) net/wall/racket (throwing) Invasion games (kicking) net/wall/racket (hitting) Athletics (throwing)	Invasion games (kicking) net/wall/racket (throwing) Invasion games (kicking) net/wall/racket (hitting) Athletics (throwing)	Invasion games (kicking) net/wall/racket (throwing) Invasion games (kicking) net/wall/racket (hitting) Athletics (throwing)	Invasion games (kicking) net/wall/racket (throwing) Invasion games (kicking) net/wall/racket (hitting) Athletics (throwing)	Invasion games (kicking) net/wall/racket (throwing) Invasion games (kicking) net/wall/racket (hitting) Athletics (throwing)
<b>Vocabulary</b>	Racquet Roll Underarm Target Control Space Travel Sideways Backwards Participate	Striking sending/ receiving Overarm Accurate attacking/defending Dodging Compete	Fielding Distance Dribbling	Technique Bowl Possession Support Invasion	Shuttlecock Serve Rally Stationary Fluency Tactics
<b>Ball skills</b>	<ul style="list-style-type: none"> <li>- Hit a ball with a bat or racquet.</li> <li>- Roll equipment in different ways.</li> <li>- Throw underarm.</li> <li>- Throw/kick an object at a target.</li> <li>- Catch equipment using two hands</li> <li>- Move a ball in different ways, including bouncing and kicking.</li> <li>- Use equipment to control a ball.</li> </ul>	<ul style="list-style-type: none"> <li>- Use hitting skills in a game.</li> <li>- Practise basic striking, sending and receiving.</li> <li>- Throw underarm and overarm.</li> <li>- Catch and bounce a ball.</li> <li>- Use rolling skills in a game.</li> <li>- Practise accurate throwing and consistent catching.</li> <li>- Travel with a ball in different directions</li> <li>- Pass the ball to another player in a game.</li> <li>- Use kicking skills in a game.</li> </ul>	<ul style="list-style-type: none"> <li>- Strike or hit a ball with increasing control.</li> <li>- Learn skills for playing striking and fielding games.</li> <li>- Position the body to strike a ball</li> <li>- Throw different types of equipment in different ways, for accuracy and distance.</li> <li>- Throw, catch and bounce a ball with a partner.</li> <li>- Use throwing and catching skills in a game.</li> <li>- Throw a ball for distance.</li> <li>- Use hand-eye coordination to control a ball.</li> <li>- Vary types of throw used.</li> <li>- Bounce and kick a ball whilst moving</li> <li>- Use dribbling skills in a game.</li> <li>- Know how to pass the ball in different ways.</li> </ul>	<ul style="list-style-type: none"> <li>- Demonstrate successful hitting and striking skills.</li> <li>- Develop a range of skills in striking</li> <li>- Practise the correct batting technique and use it in a game.</li> <li>- Strike the ball for distance.</li> <li>- Throw and catch with greater control and accuracy.</li> <li>- Practise the correct technique for catching a ball and use it in a game.</li> <li>- Throw a ball in different ways (high, low, fast or slow).</li> <li>- Develop a safe and effective overarm bowl.</li> <li>- Move with the ball in a variety of ways with some control.</li> <li>- Use two different ways of moving with a ball in a game.</li> <li>- Pass the ball in two different ways in a game situation with some success.</li> <li>- Know how to keep and win back possession of the ball in a team game.</li> </ul>	<ul style="list-style-type: none"> <li>- Use a bat, racquet or stick (hockey) to hit a ball or shuttlecock with accuracy and control.</li> <li>- Accurately serve underarm.</li> <li>- Build a rally with a partner.</li> <li>- Use at least two different shots in a game situation.</li> <li>- Use hand-eye coordination to strike a moving and a stationary ball.</li> <li>- Develop different ways of throwing and catching.</li> <li>- Move with the ball using a range of techniques showing control and fluency.</li> <li>- Pass the ball with increasing speed, accuracy and success in a game situation.</li> <li>- Occasionally contribute towards helping their team to keep and win back possession of the ball in a team game.</li> </ul>
<b>Using space</b>	<ul style="list-style-type: none"> <li>- Move safely around the space and equipment.</li> <li>- Travel in different ways, including sideways and backwards.</li> </ul>	<ul style="list-style-type: none"> <li>- Use different ways of traveling in different directions or pathways.</li> <li>- Run at different speeds.</li> <li>- Begin to use space in a game.</li> </ul>	<ul style="list-style-type: none"> <li>- Use different ways of traveling at different speeds and following different pathways, directions or courses.</li> <li>- Change speed and direction whilst running.</li> <li>- Begin to choose and use the best space in a game.</li> </ul>	<ul style="list-style-type: none"> <li>- Find a useful space and get into it to support teammates.</li> </ul>	<ul style="list-style-type: none"> <li>- Make the best use of space to pass and receive the ball.</li> </ul>
<b>Attacking, defending and rules</b>	<ul style="list-style-type: none"> <li>- Play a range of chasing games.</li> <li>- Follow simple rules.</li> </ul>	<ul style="list-style-type: none"> <li>- Begin to use the terms attacking and defending.</li> <li>- Use simple defensive skills such as marking a player or defending a space.</li> <li>- Follow simple rules to play games, including team games.</li> </ul>	<ul style="list-style-type: none"> <li>- Begin to use and understand the terms attacking and defending.</li> <li>- Use at least one technique to attack or defend to play a game successfully.</li> <li>- Understand the importance of rules in games.</li> </ul>	<ul style="list-style-type: none"> <li>- Use simple attacking and defending skills in a game.</li> <li>- Use fielding skills to stop a ball from traveling past them.</li> <li>- Apply and follow rules fairly.</li> <li>- Understand and begin to apply the basic principles of invasion games.</li> <li>- Know how to play a striking and</li> </ul>	<ul style="list-style-type: none"> <li>- Use a range of attacking and defending skills and techniques in a game.</li> <li>- Use fielding skills as an individual to prevent a player from scoring.</li> <li>- Vary the tactics they use in a game.</li> <li>- Adapt rules to alter games.</li> </ul>

		<ul style="list-style-type: none"><li>- Use simple attacking skills such as dodging to get past a defender.</li><li>- Use simple defensive skills such as marking a player or defending a space.</li></ul>		fielding game fairly.	
Compete /perform	<ul style="list-style-type: none"><li>- Participate in simple games.</li></ul>	<ul style="list-style-type: none"><li>- Perform using a range of actions and body parts with some coordination.</li><li>- Begin to perform learnt skills with some control.</li><li>- Engage in competitive activities and team games.</li></ul>	<ul style="list-style-type: none"><li>- Perform learnt skills with increasing control.</li><li>- Compete against self and others.</li></ul>	<ul style="list-style-type: none"><li>- Develop the quality of the actions in their performances.</li><li>- Perform learnt skills and techniques with control and confidence.</li><li>- Compete against self and others in a controlled manner.</li></ul>	<ul style="list-style-type: none"><li>- Perform and apply skills and techniques with control and accuracy.</li><li>- Take part in a range of competitive games and activities.</li></ul>
Evaluate	<p>I enjoyed.....</p> <p>I didn't enjoy .....</p> <ul style="list-style-type: none"><li>- Talk about what they have done.</li><li>- Talk about what others have done</li></ul>	<p>I like ..... because.....</p> <p>It looked good when.....</p> <p>It could be better if .....</p> <ul style="list-style-type: none"><li>- Begin to say how they could improve.</li></ul>	<p>I learnt .....</p> <p>To make my work better, next time I need to .....</p> <p>I thought .....</p> <ul style="list-style-type: none"><li>- Watch and describe performances and use what they see to improve their own.</li></ul>	<p>I enjoyed that because.....</p> <p>This could be improved if .....</p> <p>What would it look like if ..... (changed the speed, direction)</p> <p>Next time I need to ..</p> <ul style="list-style-type: none"><li>- Say how their performance has improved over time.</li></ul>	<ul style="list-style-type: none"><li>- Modify their use of skills or techniques to achieve a better result.</li></ul>