

Damers First school - Dance progression of Knowledge					
	Foundation	Year 1	Year 2	Year 3	Year 4
	The Gruffalo	Snail and the whale sequence	Flight Show Dance	Country Dancing Show Dance South American Dance - Salsa/Samba	Viking Invasion Indian - Bollywood Show Dance
Vocabulary	Movement Create Perform	Motif - A movement phrase that represents a theme or idea. Phrase - A short sequence of connected actions. Levels	Precision - actions performed clearly, sharply and accurately. Mirror - the same actions performed at the same time but using opposite body parts Unison - same actions at the same time.	Dynamics - how a movement is performed Canon - like a mexican wave	Stillness Duet - dance for two Trio - dance for three
Choreography	-Discuss how a stimuli makes you feel. -Respond to the stimulus with appropriate actions. -Copy and repeat a short number of actions. -Change the speed of the actions. -To be able to hop on both legs and walk on the balls of their feet.	-Discuss how a stimuli makes you feel. -Copy and repeat movement phrases. (Can also be follow my leader) -Begin to improvise independently to create a short dance. -Put a sequence of actions together to create a motif. (from a selection of movements) -Introduce levels - low, medium, high. direction - forwards, backwards, sideways. -To be able to gallop and skip	-Copy, remember and repeat movement phrases. Develop an awareness of stance before starting and ending. -Create a short motif inspired by a stimulus. -levels and direction as Yr1 add diagonal to directions. - Change the speed of actions. -Work in unison and with mirroring.	-Create, copy, repeat and remember movement phrases. -Select movements from improvisation to represent an idea. Decide on the motif and put into a movement phrase with a partner. -Explore levels with different dynamics. Sharp/gentle/flowing/sudden/light/heavy -Use gesture and turn within their movement phrases -Work in canon. Explore the impact of the use of canon and unison.	-Confidently improvise with a partner or on their own. -Creating, developing and sharing phrases in small groups and duo's. -Include jumps and stillness within movement phrases. -identify and repeat the movement patterns and actions of a chosen dance style. -Begin to vary dynamics and develop actions and motifs in response to stimuli. -
Performance	-To be aware of an audience. -To point toes and stretch fingers. -To move in time with the music	-To be aware of what you are telling the audience, e.g. use facial expressions. -Stretch throughout the body. (control) -Keeping time with a partner and the music.	-Clear beginnings and ends of movements. -Sharp and soft movements as appropriate. -Good balance and some control when bending, turning, twisting and stretching -Working cooperatively with a partner and being aware of others in their piece, including the space around them and timing. -perform short dances to their peers.	-All movements to be precise with an increasing awareness of rhythm/timing and space. -to perform with strength and a sense of energy throughout the movements. -To perform to an audience with confidence.	-Demonstrate rhythm and spatial awareness. -Confidently repeat movement phrases. -To use core strength and control movements. Including full stretching, coordination, energy and balance. -To use expressive skills including facial expression, sensitivity of movement. -To be aware of and perform for an audience.
Evaluation	I enjoyed..... I didn't enjoy -Watch and talk about dance, expressing their feelings and responses. Watch Latin/Ballroom dance, ChaChaCha.	I like because..... It looked good when..... It could be better if To watch different dance styles: musical theatre, tap.	I learnt To make my work better, next time I need to I thought To watch different dance styles: musical theatre, street.	I enjoyed that because..... This could be improved if What would it look like if (changed the speed, direction) Next time I need to .. To develop an awareness of different dance styles : musical theatre, contemporary and country dancing (National)	Change parts of a dance as a result of self-evaluation. -To develop an awareness of different dance styles : Indian dance, musical theatre and contemporary.